**SELF-APPRAISAL: WHAT ARE YOUR QUALITIES AND SKILLS AHEAD OF YOUR TRIP?**

On a scale of 1 to 5, with 1 representing the lowest score and 5 the highest, how would you rate the following:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **COMMUNICATION** | 1 | 2 | 3 | 4 | 5 |
| Your ability to communicate effectively to different audiences? |  |  |  |  |  |
| Your capacity to listen? |  |  |  |  |  |
| Your capacity to communicate with people whose first language is not English |  |  |  |  |  |
| Your ability to understand people whose first language is not English |  |  |  |  |  |
| Your capacity to write clearly |  |  |  |  |  |
| Your ability to communicate using numbers/ numeracy |  |  |  |  |  |
| Your capacity to communicate using technological tools (e.g. social media) |  |  |  |  |  |
| Your appreciation of cultural barriers to understanding/ communication |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **TEAMWORK** | 1 | 2 | 3 | 4 | 5 |
| Your ability to work as part of a team |  |  |  |  |  |
|  |  |  |  |  |  |
| Your capacity to lead a team |  |  |  |  |  |
| Your ability to collaborate and cooperate |  |  |  |  |  |
| Your capacity to manage conflict |  |  |  |  |  |
| Your ability to inspire others |  |  |  |  |  |
| Your capacity to work with a diverse range of people |  |  |  |  |  |
| Your appreciation of cultural barriers to cooperative working |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **INITIATIVE** | 1 | 2 | 3 | 4 | 5 |
| Your ability to work independently |  |  |  |  |  |
| Your capacity to recognise and seize opportunities |  |  |  |  |  |
| Your capacity to generate new ideas |  |  |  |  |  |
| Your ability to solve problems |  |  |  |  |  |
| Your readiness to compromise |  |  |  |  |  |
| Your ability to make practical and creative suggestions |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **PLANNING & ORGANISATIONAL SKILLS** | 1 | 2 | 3 | 4 | 5 |
| Your ability to develop plans |  |  |  |  |  |
| Your capacity to implement/ complete projects |  |  |  |  |  |
| Your ability to develop a clear vision/ strategy |  |  |  |  |  |
| Your ability to take (difficult) decisions |  |  |  |  |  |
| Your capacity to plan and organise workload commitments |  |  |  |  |  |
| Your ability to organise and use resources effectively |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **SELF-DEVELOPMENT** | 1 | 2 | 3 | 4 | 5 |
| Your understanding of your own strengths and weaknesses |  |  |  |  |  |
| Your readiness to develop new skills and stretch yourself |  |  |  |  |  |
| Your ability to take on new roles and responsibilities |  |  |  |  |  |
| Your appreciation of the possible barriers to M&E |  |  |  |  |  |
| Your understanding of Research ethics |  |  |  |  |  |
| Your understanding of participant observation |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **SKILLS ACQUIRED** | 1 | 2 | 3 | 4 | 5 |
|  |  |  |  |  |  |
| Your understanding of |  |  |  |  |  |
| Your ability to take on new roles and responsibilities |  |  |  |  |  |
| Your appreciation of the possible barriers to M&E |  |  |  |  |  |
| Your understanding of Research ethics |  |  |  |  |  |
| Your knowledge of Monitoring & Evaluation |  |  |  |  |  |
| Your understanding of Rapid Appraisal Techniques |  |  |  |  |  |

**The M&E toolkit & 1-2-3 Method**

On a scale of 1 to 5, with 1 representing the lowest score and 5 the highest, how would you rate the following

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | 1 | 2 | 3 | 4 | 5 |
| The usefulness of the M&E toolkit |  |  |  |  |  |
| The usefulness of the 1-2-3 Method |  |  |  |  |  |
| How transformative this method will be in your approach to your placement |  |  |  |  |  |

**Please can you comment on any ways that you might use the M& E website/ the 1-2-3 Method during your placement or in your own career**

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